



SPRING TERM 1

Newsletter from your Service Team.



Lesley Ure
King's Academies Community and
Service Lead and Designated
Safeguarding Lead
KGA Central Team



Claire Rutherford
King's Academies Service Children and
Families Coordinator and Deputy
Safeguarding Lead
KGA Central Team

We are based in the
King's Group Academies
Gosport Community Hub,
Military Road,
Gosport,
PO12 3BF
02392 616017



GOSPORT
COMMUNITY HUB

King's Academy Rowner Junior
School: Mr and Mrs Connor - Service
Club leads
enquiries@kgarowner.uk

01329 280299



King's Academy Gomer Junior
School: Miss Hall - Service Club
lead
enquiries@kgagomer.uk

02392 524312



Service Club Information



Service lunch drop in at King's Academy Bay House is on every Monday lunch time 13.00-13.30 in G7



Service lunch drop in at King's Academy Brune Park is on every Tuesday lunch time 10.55-11.20 in the Den behind the KA Community Hub.

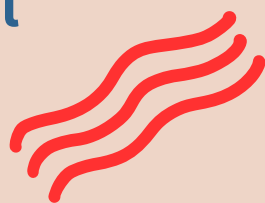


Service Club at King's Academy Gomer every Tuesday at Lunch Time with Miss Hall.

For more information about Lunch group please email enquiries@kgagomer.uk



Service Club at King's Academy Rowner: Mr & Mrs Connor run an afterschool Club every Tuesday 3:05pm - 4:00pm. For more information please email enquiries@kgarowner.uk



Welcome Wednesday

Come along and meet new families , have a chat and a warm drink.

9.30-11.00

(Term time only)

Please note you do not have to have children to come along, young babies and children are welcome

Welcome Wednesday

For Serving Personnel, families
and Veterans

Come along and meet other Service families.

Babies and young children welcome.

Wednesday Mornings

(School Term time only)

9.30 - 11.00

**King's Group Academies
Gosport Community Hub
Military Road**

Gosport

PO12 3BF

02392 616017



**GOSPORT
COMMUNITY HUB**

Naval Families Federation drop in
during Welcome Wednesday
Session once a month

Naval Families FEDERATION

Natalie from Naval Families Federation will be
at King's Academies Gosport Community Hub
for their Monthly drop in.

Wednesday Mornings **9.30-11.00**

If you would like to come along and meet with
Natalie please see the dates below.
(No appointment needed)

**Wed 28th January
Wed 25th February
Wed 25th March
Wed 29th April**



YOUTH CLUB

Service Youth Club

For Service and veterans children
(secondary school aged)

Wednesday evenings 4.30–6.30

Jan 14th and 28th

Feb 11th and 25th

March 11th and 25th

April 22nd

May 6th and 20th

June 3rd and 17th

July 1st and 15th

King's Group Academies Gosport
Community Hub,
Military Road,

PO12 3BF

02392 616017

Scan QR code for parent consent form



**GOSPORT
COMMUNITY HUB**

The Youth Club is free of charge and is held at KGA Gosport Community Hub. If your child would like to come along please fill in the form to give emergency contact details before they come along if you have not done so already or use the QR code on the poster.

<https://forms.gle/36kWeLZt9CaNnG2n6>

FAMILY CIRCUMSTANCES

Being part of a Military Family we know that circumstances and routines can change. Sometimes these changes are at last minute but some may be planned.

As your Service Team we would like to support you and your family throughout these uncertainties.

Sharing information with us is vital for us to be able to understand the needs of our families and the Children in our schools.

It is helpful to inform us if you have a deployment in the family.

If you have any information to share with the Team please do use this form and we will be in touch.

<https://forms.gle/CVAwC3mgPiauorZ49>

Or if you would like to have a discussion about any type of support for you or your child please email Claire Rutherford on crutherford@kgahampshire.uk or Lesley Ure on lure@kgahampshire.uk



Weekending

Deployment

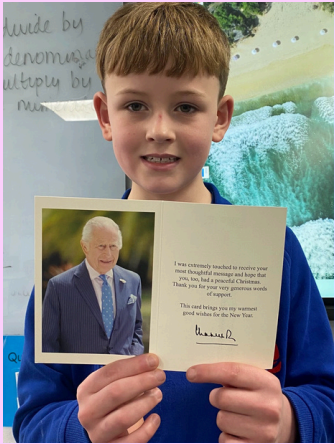


Some of our Secondary school children enjoyed a clay craft session. What wonderful creations we had!

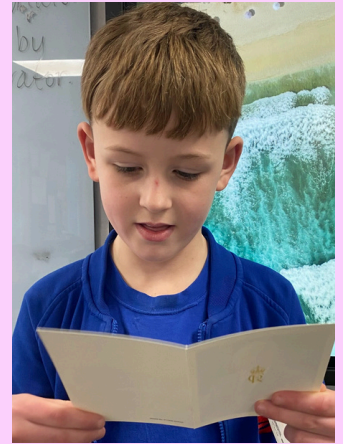




Exciting News



King's Academy Gomer would like to share some exciting news that Henry received a very special letter from King Charles, thanking him for a Christmas card that he sent to him. He was very excited, as was Miss Hall. Miss Hall said Henry was very pleased to share and read the card out to others in his class.



Albie and his family were featured on the BBC One Show, in December when his dad returned home from his deployment on Ship. Albie was pleased to watch it during our Service Club lunch. What a lovely homecoming and celebration for you all. Your 5 minutes of fame!



We love to hear news to share. Please email in to crutherford@kgahampshire.uk to share news for our next Newsletter.

Don't forget to become a member to our Service Family Facebook page. A dedicated page to share information straight to Service families.

<https://www.facebook.com/groups/servicefamily>



SERVICE FAMILY COOKING



Fajita Pasta was this months dish.

Chopping, slicing, frying, mixing and making a tasty meal together. Sharing a fun cooking experience.

Well done super cooks!



Look out for the next date coming out soon. Check on the Service family page and email.





WHAT'S GOING ON AT KING'S GROUP ACADEMIES GOSPORT COMMUNITY HUB?



Talking Teens

Support for parents and carers of teenagers

This free four-week course runs regularly throughout the year

- Held at the Gosport Community Hub, King's Academy Brune Park

Register your interest today and we'll let you know when the next one is starting.

Talking Teens helps parents and carers understand teenage development, emotions, and behaviour – and how to build a calmer, more connected relationship with your teen.

You'll gain practical tools, reduce family stress, and share experiences with other parents in a relaxed, supportive space.

Ready to learn more or sign up?

- Email: gospportcommunityhub@kgahampshire.uk
- Or fill in our quick form: <https://forms.gle/9RgPfkXjXwHWg6av6>

"I realised I wasn't alone. Talking with other parents helped so much."

No pressure. No judgment. Just practical, friendly support for navigating the teenage years.

Please use the link here to fill in our quick form of interest.

<https://forms.gle/wwUu12F4RgDHDqPw7>

Rowans Living Well Services Drop In

Every Thursday
10:30am - 12:00


Gosport Community Hub
Brune Park Community School, Military Road, Gosport

Do you, or someone you know live with, care for, or are/have been affected by a life limiting/progressive illness? Then this may be of interest to you.

RLWS will be here to provide support, guidance and advice as you need, regardless of diagnosis, and extend our support to their friends and family members during any stage of the illness, including bereavement.

Macmillan CAB will be attending on the 2nd and 4th Thursday.

All our Living Well Services are offered free of charge. If you would like to support us, you can make a donation by calling 023 9225 0001 or visiting www.rowanshospice.co.uk/donate



Prom Dress and Suit Event
Saturday 28th February 2026
1pm till 3pm
Find Your Perfect Look for Free!

We have a variety of sizes and styles to help you feel your best at prom, all kindly donated.

Prefer a private fitting? Email us or call to book a one-on-one appointment at your convenience

For questions or to book an appointment, email us at gospportcommunityhub@kgahampshire.uk or call 02392 616017

The Gosport Community Hub,
Military Road,
PO12 3BU



Service Children's Community Choir
A friendly new group for children in the military family
Run by experienced military musicians

Open to all children, 6-16 years old

Mondays, 4:15-5:15pm

King's Academy Gosport Community Hub
King's Academy Brune Park School
Military Road
PO12 3BX





Sccc.hampshire@gmail.com [Sccc.Hampshire](https://www.facebook.com/Sccc.Hampshire)



King's Group Academies Gosport Community Hub
<https://www.facebook.com/GosportCommunityHub>

SUPPORT AND OPPORTUNITIES AVAILABLE FOR YOU



Anchoring Minds

Supporting Royal Navy and Royal Marines serving personnel and their families

Run by Solent Mind, in partnership with the Royal Navy and Royal Marines Charity, we help families navigate the unique challenges of military life.

We offer:

- A friendly chat with someone who understands what you are going through.
- Free resources to help you manage your mental health and wellbeing.
- Signposting to local services and groups, depending on what's available in your area.

Call **0300 303 1725** or email anchoringminds@solentmind.org.uk to speak to a member of the team. For resources, support and more, visit our website at solentmind.org.uk/anchoringminds



Naval Families Federation

Meet our **Immigration Advisers**

Pete Hawley & Sophie Raza

Pete is our Non-UK lead and OISC Level 1 Immigration Adviser. He is supported by Sophie, who is also an OISC Level 1 Immigration Adviser. They are able to provide free advice on UK Visas and Citizenship applications to Royal Navy and Royal Marines personnel and their families.

“ We wanted to extend a massive thank you for all the help and support you've given us over the past months. You have been nothing but helpful, proactive and attentive. We will be infinitely grateful for such amazing aid and the fact you helped us finally be together. ”

The NFF are here to provide support and guidance on matters affecting the daily lives of all Naval Service families, acting as an advocate when appropriate to resolve complex issues.

If you have any questions or need advice, Pete and Sophie would like to hear from you.

Phone: 023 9265 4374 | Email: immigration@nff.org.uk www.nff.org.uk

Scan here for information about UK Visas and Citizenship

Registered charity in England & Wales: 10773103

SAIL TOGETHER YOUTH CREW SAIL TOGETHER

Family Days 2026!

FREE Fun for ALL the family!

Portsmouth - 31st May & 2nd August
Reading - 30th May & 29th August
Plymouth - 9th May & 22nd August
Scotland - 27th June

Delivered through:

Powered by:



Supporting Army personnel and families worldwide

The Army Families Federation is a strong independent voice for Service personnel and families. We work to improve quality of life for the Army family, wherever you are in the world.

Army Families Federation



The RNRMC's Neurodiversity Navigator.

Neurodiversity is a word used to describe the different thinking styles that affect how people communicate with the world around them. It includes conditions like autism, ADHD, dyslexia, dyspraxia.

The RNRMC has been working with the Armed Forces Covenant Fund Trust (AFCFT) and has put in place a Neurodiversity (ND) Navigator, Bobbie Bronson. Bobbie has over 15 years of experience working in the SEND sector and is a dedicated point of contact to guide you towards the right support when you need it the most.

Our Support is Accessible:

Bobbie is there to support Royal Navy personnel, their spouses/partners and dependents, wherever they are based, to resources and support services.

Our Support is Personalised:

Contact Bobbie for support, scan the QR code to fill out the contact form. Or contact her directly via email at neurodiversity@rnrmc.org.uk.

Our Support is Inclusive:

We are creating a community of shared experience, where our ND naval community feels supported and empowered.



We are By Your Side. Reach out today!

rnrmc.org.uk



Strengthening Families

This project aims to raise awareness of the 'holistic offers' provided by numerous charities such as Relate, Aggies, Naval Children's Charity, HOMESTART and more, to our RN & RM families. If you need support in your relationships, for children and young people, community or family support and some financial support, these charities may be able to help.

Royal Air Force Benevolent Fund

We're here to support you

Whether you've served for a day or decades, as a Regular or Reserve, we're here for you and your family.

- ✓ Wellbeing support including counselling
- ✓ Financial assistance
- ✓ Relationship, family and youth support
- ✓ Mobility and home adaptations
- ✓ Welfare breaks
- ✓ Friendship and connections

Find out more: rafbf.org/get-support
Call our helpline: 0300 102 1919

SCAN ME WITH YOUR CAMERA

Partnership with:

Lessons available in Portsmouth, Fareham and Gosport

Free swimming lessons

for young people of serving Royal Navy, Royal Marines and Royal Fleet Auxiliary families

Scan to find out more and book, or visit swim-free.org.uk

SWIMFREE

Follow @SwimFreeCommunity for regular updates

Partnership with:

Military Minds

Supporting Army and Royal Airforce families

Run by Solent Mind, in partnership with The Armed Forces Covenant Fund Trust, we help families navigate the unique challenges of military life.

From coping with deployment to specific support for anxiety, depression, loneliness and stress, we're here to help. We can offer:

- A friendly chat with someone who understands what you are going through.
- Free resources to help you manage your mental health and wellbeing.
- Signposting to local services and groups, depending on what's available in your area.

Call **0303 003 4238** or email militaryminds@solentmind.org.uk to speak to a member of the team. For resources, support and more, visit our website at solentmind.org.uk/militaryminds

Partnership with:

GO SAILING

Book today! Dates available in Portsmouth!

Sat/Sun 28th - 29th February
Sat/Sun 14th - 15th March
Sat/Sun 28th - 29th March

For the partners of serving Royal Navy, Royal Marines and Royal Fleet Auxiliary.

Find your nearest sailing centre: rnsagosailing.org.uk

Partnership with:



Do you need our support?
0800 260 6780





SUPPORT FOR SERVICE CHILDREN AND YOUNG PEOPLE FROM THE FORCES EMPLOYMENT CHARITY

Their expert team work with Service children and young people aged 16-24, providing tailored one-to-one support that boosts confidence to explore various pathways into employment, such as volunteering, university, further education, and apprenticeships. They identify strengths and interests, raise aspirations, and provide guidance as to how best to integrate these into a career plan. They also offer practical support to help access work and learning through their network of employers and training partners. Advisors are forces families themselves, so understand the unique challenges of military life and the importance of supporting the whole family in finding fulfilling, sustainable careers.

Areas of support

- Work Experience in person and virtual**
- Work placements**
- CV writing/review**
- Cover letter support**
- Job application guidance**
- Job search tips and resources**
- Interview preparation**
- Training opportunities (e.g., Skills Soft)**
- Mentoring**
- Confidence building**
- LinkedIn - Creating a professional profile**
- Access to Employer Events (18+)**

TO REGISTER FOR SUPPORT
WWW.FORCESEMPLOYMENT.ORG.UK/YOUNG-PEOPLE



ARE YOU LOOKING TO VOLUNTEER?

The King's Group Academies Gosport
Community Hub are looking for volunteers.
Are you keen to share your skills and develop
some new ones too?



If you would like to play a part in supporting your
local community please contact us:
gospportcommunityhub@kgahampshire.uk
02392 616 017



**GOSPORT
COMMUNITY HUB**

Feedback

We would love to hear from you. If you can click the QR code to give feedback on events or activities you or your child may have attended.

QR code for service parents/carers to give feedback



We were both tired and stressed when we got to the session but it was a great way to relax and we left on a high.

QR Code for Service Children to give feedback or ideas

It was really fun to see everyone making stuff they liked, made it easier to understand what people like



Service child feedback