



AUTUMN 2 NEWSLETTER

Newsletter from your Service Team.



Lesley Ure
Community and Service Lead
KGA Central Team



Claire Rutherford
Service Children and Families Coordinator
KGA Central Team

We are based in the
King's Group Academies
Gosport Community Hub,
Military Road,
Gosport,
PO12 3BF



King's Academy Rowner Junior
School: Mr and Mrs Connor -
Service Club leads
enquiries@kgarowner.uk

01329 280299

King's Academy Gomer Junior
School: Miss Hall - Service Club
lead
enquiries@kgagomer.uk

02392 524312

Service Club Information



Service lunch drop in at King's Academy Bay House is on every Monday lunch time 13.00-13.30 in G7



Service lunch drop in at King's Academy Brune Park is on every Tuesday lunch time 10.55-11.20 in the Den behind the KA Community Hub.



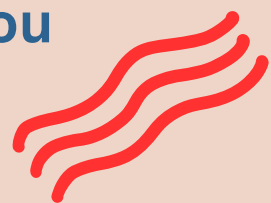
Service Club at King's Academy Gomer every Tuesday term time at Lunch with Miss Hall.

For any more information about this please email enquiries@kgagomer.uk

Service Club at King's Academy Rowner: Mr & Mrs Connor run an afterschool Club every Tuesday 3:05pm - 4:00pm.

For more information about this please email enquiries@kgarowner.uk

Mr and Mrs Connor would love to see you there.



YOUTH CLUB

Service Youth Club

For Service and veterans children
(secondary school aged)

Wednesday evenings 4.30–6.30

Jan 14th and 28th

Feb 11th and 25th

March 11th and 25th

April 22nd

May 6th and 20th

June 3rd and 17th

July 1st and 15th



King's Group Academies Gosport
Community Hub,
Military Road,

PO12 3BF

02392 616017

Scan QR code for parent consent form



**GOSPORT
COMMUNITY HUB**

The Youth Club is free of charge and is held at KGA Gosport Community Hub.

If your child would like to come along please fill in the form to give emergency contact details before they come along if you have not done so already.

<https://forms.gle/36kWeLZt9CaNnG2n6>

Welcome Wednesday

Come along and meet new families, you can bring the little ones with you or come along and meet the Service team and families.

9.30-11.00

(Term time only)

Please note you do not have to have young children to come along.

Welcome Wednesday

For Serving Personnel, families
and Veterans

Come along and meet other Service families.

Babies and young children welcome.

Wednesday Mornings

(School Term time only)

9.30 - 11.00

King's Group Academies
Gosport Community Hub
Military Road

Gosport

PO12 3BF

02392 616017



**GOSPORT
COMMUNITY HUB**



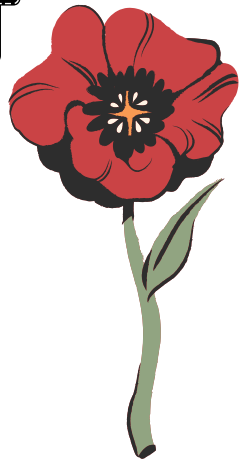
Service Family Page

A place where the Service Team can share information with the Local Service families.

[facebook.com](https://www.facebook.com)

Don't forget to become a member to our Service Family Facebook page. A dedicated page to share information straight to Service families.

SERVICE CLUSTER COMMUNITY PROJECT



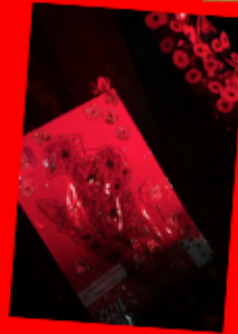
Remembrance Project 2025
by our Service Network schools cluster
Children



What an amazing way for all of the Service Network cluster schools to work together and share a project with their Service Children where the whole community can share such a beautiful display at HMS SULTAN Fort.



A huge thank you to all the staff and Children who took part. This shows a real sense of community partnership.



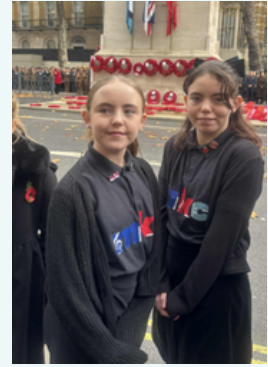
We are very proud of the work we do with our Service Cluster group and were blown away with the amount of poppies we were able to take along to HMS Sultan to support their Cadets poppy display at the Fort.

Just some of the work our Service team carry out to support our community.

We hope you were able to see them all as you walked or drove by the fort on Military Road

NEVER SUCH INNOCENCE MILITARY KIDS CHOIR

Olivia and her sister are part of Never such Innocence Military Kids Choir, they rehearse with Military children from around the country online. For Remembrance this year the children all met and took part in the Remembrance service in London. The choir then went to the guards chapel at Wellington Barracks and sung the choir's original song, 11th of November. What a proud moment and wonderful experience.



A DAY AT THE ROYAL HOSPITAL CHELSEA



What an amazing time Freddie and Oscar had meeting the Chelsea Pensioners this month. Following a post we had shared from little troopers on the Service family Facebook page the two families were able to attend what looks like a fabulous event having stories from the Chelsea Pensioners. Thank you for sharing about your day.

Parent feedback "thank you so much for promoting it on the service family Facebook page, I wouldn't have known about this fantastic opportunity had it not been"



WREATH MAKING EVENING

The end of November saw us starting to get into the Christmas Spirit as we held a wreath making evening. The night was full of fun, laughter and talent!



GOSPORT
COMMUNITY HUB



FAMILY CIRCUMSTANCES

Being part of a Military Family we know that circumstances and routines can change. Sometimes these changes are at last minute but some may be planned.

As your Service Team we would like to support you and your family throughout these uncertainties.

Sharing information with us is vital for us to be able to understand the needs of our families and the Children in our schools.

It is helpful to inform us if you have a deployment in the family.

If you have any information to share with the Team please do use this form and we will be in touch.

<https://forms.gle/CVAwC3mgPiauorZ49>

Or if you would like to have a discussion about any type of support for you or your child please email Claire Rutherford on crutherford@kgahampshire.uk or Lesley Ure on lure@kgahampshire.uk



Weekending

Deployment

SUPPORT AND OPPORTUNITIES AVAILABLE FOR YOU



Anchoring Minds

Supporting Royal Navy and Royal Marines serving personnel and their families

Run by Solent Mind, in partnership with the Royal Navy and Royal Marines Charity, we help families navigate the unique challenges of military life.

We offer:

- A friendly chat with someone who understands what you are going through.
- Free resources to help you manage your mental health and wellbeing.
- Signposting to local services and groups, depending on what's available in your area.

Call 0300 303 1725 or email anchoringminds@solentmind.org.uk to speak to a member of the team. For resources, support and more, visit our website at solentmind.org.uk/anchoringminds



Military Minds

Supporting Army and Royal Airforce families

Run by Solent Mind, in partnership with The Armed Forces Covenant Fund Trust, we help families navigate the unique challenges of military life.

From coping with deployment to specific support for anxiety, depression, loneliness and stress, we're here to help. We can offer:

- A friendly chat with someone who understands what you are going through.
- Free resources to help you manage your mental health and wellbeing.
- Signposting to local services and groups, depending on what's available in your area.

Call 0303 003 4239 or email militaryminds@solentmind.org.uk to speak to a member of the team. For resources, support and more, visit our website at solentmind.org.uk/militaryminds



Naval Families FEDERATION

Meet our **Immigration Advisers**




Pete Hawley & Sophie Raza

Pete is our Non-UK lead and OISC Level 1 Immigration Adviser. He is supported by Sophie, who is also an OISC Level 1 Immigration Adviser. They are able to provide free advice on UK Visas and Citizenship applications to Royal Navy and Royal Marines personnel and their families.

“ We wanted to extend a massive thank you for all the help and support you've given us over the past months. You have been nothing but helpful, proactive and attentive. We will be infinitely grateful for such amazing aid and the fact you helped us finally be together. ”

The NFF are here to provide support and guidance on matters affecting the daily lives of all Naval Service families, acting as an advocate when appropriate to resolve complex issues.


If you have any questions or need advice, Pete and Sophie would like to hear from you.

Phone: 023 9265 4374 | Email: immigration@nff.org.uk www.nff.org.uk

Scan here for information about UK Visas and Citizenship




Registered charity in England & Wales (117702)



Strengthening Families

This project aims to raise awareness of the 'holistic offers' provided by numerous charities such as Relate, Aggies, Naval Children's Charity, HOMESTART and more, to our RN & RM families. If you need support in your relationships, for children and young people, community or family support and some financial support, these charities may be able to help.





FREE class for young people from serving Royal Navy, Royal Marines and Royal Fleet Auxiliary families

Aqua Fun & Fitness

At Gosport Leisure Centre

Open to Stage 7+ swimmers, these sessions take a fun approach to fitness in the water by building strength, stamina and water safety through fun challenges, games and aquatic fitness activities

Thursdays at 5.30pm

Scan to find out more and book, or visit swim-free.org.uk



SWIMFREE

Funded by  GREENWICH HOSPITAL

Delivered in partnership with  ANDREW SIMPSON FOUNDATION

NEW FOR 2026!

Free Sailing courses specifically for neurodivergent young people aged 8-17 years.

Inclusive and Friendly






Contact: youthsailing@rsa.org.uk

Funded by  GREENWICH HOSPITAL

Delivered in partnership with  ANDREW SIMPSON FOUNDATION



The RNRMC's Neurodiversity Navigator.


Neurodiversity is a word used to describe the different thinking styles that affect how people communicate with the world around them. It includes conditions like autism, ADHD, dyslexia, dyspraxia.

The RNRMC has been working with the Armed Forces Covenant Fund Trust (AFCFT) and has put in place a Neurodiversity (ND) Navigator, Bobbie Branson. Bobbie has over 15 years of experience working in the SEND sector and is a dedicated point of contact to guide you towards the right support when you need it the most.

Our Support is Accessible: Contact Bobbie for support, scan the QR code to fill out the contact form. Or contact her directly via email at neurodiversity@rnrmc.org.uk.


Our Support is Personalised: Bobbie is there to signpost Royal Navy personnel, their spouses/partners and dependents, wherever they are based, to resources and support services.

Our Support is Inclusive: We are creating a community of shared experience, where our ND naval community feels supported and empowered.



We are By Your Side. Reach out today!

rnrmc.org.uk





Save up to **£3,400**

Up to 20 hours

Wraparound Childcare funding

Per child, per week for before and after school childcare costs during term time

Who is it for?



Regular and FTRS personnel Serving in the UK, EEA&S, using a DCS provider overseas or Serving overseas unaccompanied with family remaining in an eligible location.



Children aged 4 to 11 years old (4-16 year if in receipt of disability benefits).



Children attending before or after school care during term time (up to 39 weeks per year).

Is your family missing out on Wraparound Childcare?

Check if you are eligible by searching:

Wraparound Childcare on Discover My Benefits, defnet or Defence Connect



Supporting Army personnel and families worldwide

The Army Families Federation is a strong independent voice for Service personnel and families. We work to improve quality of life for the Army family, wherever you are in the world.

Army Families Federation



Lessons available in Portsmouth, Fareham and Gosport

Free swimming lessons

for young people of serving Royal Navy, Royal Marines and Royal Fleet Auxiliary families

Scan to find out more and book, or visit swim-free.org.uk



SWIMFREE

Follow @SwimFreeCommunity for regular updates

Funded by GREENWICH HOSPITAL

Delivered in partnership with ANDREW SIMPSON FOUNDATION



Do you need our support?

0800 260 6780

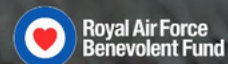


Home

To fully access all of the content on this website please Sign in / Create an account Supporting Military Families A small charity with a big heart doing the very best for all th...

Little Troopers /

<https://www.littletroopers.net/>



We're here to support you

Whether you've served for a day or decades, as a Regular or Reserve, we're here for you and your family.

- ✓ Wellbeing support including counselling
- ✓ Financial assistance
- ✓ Relationship, family and youth support
- ✓ Mobility and home adaptations
- ✓ Welfare breaks
- ✓ Friendship and connections

Find out more: rafbf.org/get-support
Call our helpline: 0300 102 1919



The RAF Benevolent Fund is a registered charity in England and Wales (2081300) and Scotland (SC038100).



WHAT'S GOING ON AT KING'S GROUP ACADEMIES GOSPORT COMMUNITY HUB?





Talking Teens

Support for parents and carers of teenagers

This free four-week course runs regularly throughout the year

- Held at the Gosport Community Hub, King's Academy Brune Park

Register your interest today and we'll let you know when the next one is starting.

Talking Teens helps parents and carers understand teenage development, emotions, and behaviour – and how to build a calmer more connected relationship with your teen.

You'll gain practical tools, reduce family stress, and share experiences with other parents in a relaxed, supportive space.

Ready to learn more or sign up?

- Email: gosportcommunityhub@kgahampshire.uk
- Or fill in our quick form: <https://forms.gle/9RgPfkXjXwHWg6av6>

"I realised I wasn't alone. Talking with other parents helped so much."

No pressure. No judgment. Just practical, friendly support for navigating the teenage years.

Please use the link here to fill in our quick form of interest.

<https://forms.gle/wwUu12F4RgDHDqPw7>

If you have any questions on housing, or naval life please do pop along to see her. You do not need to book just turn up.



Natalie from Naval Families Federation will be at King's Academies Gosport Community Hub for their Monthly drop in.

Wednesday Mornings 9.30-11.00

If you would like to come along and meet with Natalie please see the dates below. (No appointment needed)

- Wed 28th January
- Wed 25th February
- Wed 25th March
- Wed 29th April




Every Thursday
10:30am - 12:00


Gosport Community Hub
Brune Park Community School, Military Road, Gosport

Do you, or someone you know live with, care for, or are/have been affected by a life limiting/progressive illness? Then this may be of interest to you.

RLWS will be here to provide support, guidance and advice as you need, regardless of diagnosis, and extend our support to their friends and family members during any stage of the illness, including bereavement.

Macmillan CAB will be attending on the 2nd and 4th Thursday.

All our Living Well Services are offered free of charge. If you would like to support us, you can make a donation by calling 023 9225 0001 or visiting www.rowanshospice.co.uk/donate




Hampshire

Service Children's Community Choir

A friendly new group for children in the military family
Run by experienced military musicians

Open to all children, 6-16 years old

Mondays, 4:15-5:15pm

King's Academy Gosport Community Hub
King's Academy Brune Park School
Military Road
PO12 3BX




Sccc.hampshire@gmail.com [Sccc.Hampshire](https://www.instagram.com/Sccc.Hampshire) [f](https://www.facebook.com/Sccc.Hampshire)



King's Group Academies Gosport Community Hub
<https://www.facebook.com/GosportCommunityHub>



Feedback

We would love to hear from you. If you can click the QR code to give feedback on events or activities you or your child may have attended.

QR code for service parents/carers to give feedback



Gives me time out away from busy family life to enjoy an evening making a wreath.

QR Code for Service Children to give feedback or ideas

I liked it because I got out out of the house and met new people this made me feel happy

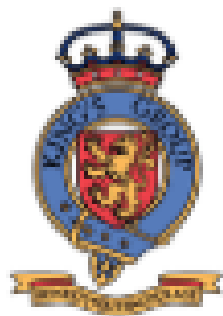


A child from youth club session



**We would like to take a moment to thank you all.
We have had a busy 2025 and have loved meeting so many of
you over the year at events and activities.
We look forward to continuing with more support, events
and activities in the New Year.
But for now Merry Christmas to you all and we wish you a
wonderful New Year.
Best wishes Claire, Lesley and Lianne.**





ARE YOU LOOKING TO VOLUNTEER?

The King's Group Academies Gosport Community Hub are looking for volunteers. Are you keen to share your skills and develop some new ones too?



If you would like to play a part in supporting your local community please contact us:
gosportcommunityhub@kgahampshire.uk
02392 616 017



**GOSPORT
COMMUNITY HUB**