

JUNE NEWSLETTER

Newsletter from your Service Team.



SERVICE TEAM CONTACT DETAILS...

PRIMARY PHASE

Mrs Sharpe - King's Academy Rowner; Primary Phase
Pupil Premium Lead (including Service Premium)

01329 280299

King's Academy Rowner Junior School: Mr and Mrs
Connor - Service Club leads

enquiries@kgarowner.uk

01329 280299

King's Academy Gomer Junior School: Miss Hall -
Service Club lead

enquiries@kgagomer.uk

02392 524312

SECONDARY PHASE

Lesley Ure

Community and Service Lead

(Service pupil premium lead for Kings Academy
Bay House School)

02392 616017

lure@kgahampshire.uk

Claire Rutherford

Service Children and Families Coordinator

02392 616017

crutherford@kgahampshire.uk

Service Club Information



**Service lunch drop in at Kings Academy
Bay House is on every Monday lunch time
13.00-13.30 in G7**



**Service lunch drop in at Kings Academy
Brune Park is on every Tuesday lunch time
13.00-13.30 in the Den behind the
Community Hub.**



**Service Club at Kings Academy Gomer:
every Tuesday term time at Lunch
with Miss Hall.**

**For any more information about this
please email enquiries@kgagomer.uk**

**Service Club at Kings Academy Rowner:
Mr & Mrs Connor run an afterschool Club
every Tuesday term time 3:05pm - 4:00pm.
For more information about this please email
enquiries@kgarowner.uk**

**Mr and Mrs Connor would love to see you
there.**



YOUTH CLUB

Service Community Youth Club



4.30pm–6.30pm

**Open to all Service children and veteran children 11–16
year old (secondary school)**



Wednesdays

23rd April

7th May

21st May

4th June

18th June

2nd July

16th July



**@ Gosport Community
Hub**

Military Road

PO12 3BU

02392 616017

**Scan QR code for parent
consent form**



 **ROYAL NAVY &
ROYAL MARINES
CHARITY**



**GOSPORT
COMMUNITY HUB**



The Youth Club is free of charge and is held at the Gosport Community Hub.

If your child would like to come along

**please fill in the form to give emergency contact details before they come along if you
not done so already.**

<https://forms.gle/36kWeLZt9CaNnG2n6>

Things to do for you and your family



Welcome Wednesdays.
Come along and meet new families, bring the little ones with you, a place to chat and meet other service families
9.30-11.00
(Term time only)

Summer fun for the family on Wednesday 23rd July 10.30-13.00. Come along to the hub we will have games, activities, Crafts, never such innocence are setting up a poetry area and much more. Please use the QR Code to show your interest.



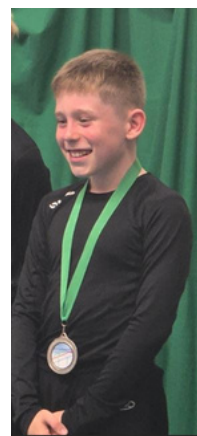
SERVICE CLUSTER GROUP PROJECT

We are so proud to show the work our Service Cluster group have carried out with their Service children in their schools following our Service Cluster meetings. local school Service leads meet once a term at our Community Hub where we share good practice, share news and ideas and we arrange visitors to support our Service teams. This term we supported the local schools with resources as we all worked on a project to support Month of the Military Child. Each school focused on making something Military related and the results are wonderful.



WELL DONE

Millie is pleased to announce she has been selected as a Prefect for year 11 after interviewing for a position



Well done to Ethan and his team from Portsmouth School of Gymnastics as they took home Silver from the British Gymnastics, National Men's Youth team gym micro finals on Sunday 29th June.

They are the first men's team to represent the club at national level and this is their first competitive season at Youth level. Well done what and Achievement! We wish you all the luck in the future.

TRANSITION



It has been wonderful to meet so many families and children during our transition period for year 6 children moving up to secondary school this September Helping Service Children Feel Part of Our King's Group Academy Community.





SAILING ON THE BOLEH



It was a great pleasure to arrange a trip for our Service parents onboard the Boleh, to send some quality time at sea. Meeting new challenges, new people, working as a team and having some time for reflection and self care. This is important to us in our Service team to be able to support our service and veteran families and offer such events. The Boleh itself has a wonderful story and a great attitude of "Can Do" why not take a look here all about her.
<https://www.bolehproject.com/>



The activity was for parents/carers of service children and it gave me such joy and happiness to be at sea. It also role models for my children about learning new skills and being brave by saying yes to things.



We came away from the trip feeling refreshed, grateful for the wonderful company, and inspired to plan more experiences like it in the future.



Festival of Friends



**GREENWICH
HOSPITAL**
Supporting the Royal Navy since 1694



**ARMED FORCES
EDUCATION
TRUST**



We shared a wonderful celebration at the University of Portsmouth with some of our Service Students as we marked the end of our Festival of Friends Portsmouth and Gosport Project bringing together Service children where we were given the opportunity to showcase the amazing trust wide strategy to help strengthen the awareness of our Service Children for our staff members and the support for our Service children and families across King's Group Academies.



During the day they learnt how to Juggle in a Juggling masterclass, looked at and used specialist equipment with the Royal Navy Bomb disposal team, played a big board game learning about the university and were entertained by the funny Steve Royal.



As King's Group Academies we were able to showcase the work of our students and the new information for school staff on their presentation table.



**King's Group
Academies**



Working with other Charities and Organisations

Wednesday Mornings



NFF will hold drop in sessions once a month on a Wednesday morning from 9.30-11.00

Pop along and see Natalie at the Gosport Community Hub, Military Road. If you have any questions or need advice pop along. No booking required.
Wednesday's

22nd Jan, 12th Feb, 19th March, 23rd April,
21st May, 18th June, 16th July



Natalie from Naval Families Federation will hold her monthly drop in sessions in the Hub on Wednesday mornings. If you have any questions on housing, or naval life please do pop along to see her. You do not need to book just turn up.

**Next drop in is
Wednesday 16th July
9.30-11.00**



Rowans Living Well Services Drop In

**Every Thursday
10:30am - 12:00**

**Gosport Community Hub
Brune Park Community School, Military Road, Gosport**

Do you, or someone you know live with, care for, or are/have been affected by a life limiting/progressive illness? Then this may be of interest to you.

RLWS will be here to provide support, guidance and advice as you need, regardless of diagnosis, and extend our support to their friends and family members during any stage of the illness, including bereavement.

Macmillan CAB will be attending on the 2nd and 4th Thursday.

All our Living Well Services are offered **free** of charge. If you would like to support us, you can make a donation by calling 023 9225 0001 or visiting www.rowanshospice.co.uk/donate





VOLUNTEER

The Gosport Community Hub are looking for volunteers to support with our projects.

Are you keen to share your skills and develop some new ones too?



If you would like to play a part in supporting your local community please contact us:


gosportcommunityhub@kgahampshire.uk




GOSPORT
COMMUNITY HUB



SUPPORT AVAILABLE FOR YOU





Anchoring Minds
Wellbeing support for families of serving naval personnel



Anchoring Minds is an emotional wellbeing service providing support in the community to Royal Navy and Royal Marine families in Portsmouth, Fareham, Gosport and the Isle of Wight.

anchoringminds@solentmind.org.uk | solentmind.org.uk

In partnership with  

We want to ensure families of serving personnel know how and where to access wellbeing and mental health support when they need it.

We understand that living with a partner, child or parent in the Royal Navy or Royal Marines creates a unique set of challenges, that can at times put pressure on your mental health or wellbeing.

With frequent moving, stress around deployment and loneliness to contend with, families can sometimes need some extra support.

Anchoring Minds can help you:

- Access the support you need.
- Offer a friendly chat with someone who understands what you are going through.
- Provide access to peer support groups for you to join
- Offer free courses to improve your wellbeing or longer term support.

You don't need a mental health diagnosis, or a GP referral.

Email: anchoringminds@solentmind.org.uk
Website: solentmind.org.uk
Find more information under 'Support for you' and 'Our Services'.



Meet our Immigration Advisers



Pete Hawley & Sophie Raza

Pete is our Non-UK lead and OISC Level 1 Immigration Adviser. He is supported by Sophie, who is also an OISC Level 1 Immigration Adviser. They are able to provide free advice on UK Visas and Citizenship applications to Royal Navy and Royal Marines personnel and their families.

“ We wanted to extend a massive thank you for all the help and support you've given us over the past months. You have been nothing but helpful, proactive and attentive. We will be infinitely grateful for such amazing aid and the fact you helped us finally be together. ”


The NFF are here to provide support and guidance on matters affecting the daily lives of all Naval Service families, acting as an advocate when appropriate to resolve complex issues.

If you have any questions or need advice, Pete and Sophie would like to hear from you.

Phone: 023 9265 4374 | Email: immigration@nff.org.uk | www.nff.org.uk


    

Registered charity in England & Wales (1077002)



Strengthening Families
BY YOUR SIDE

This project aims to raise awareness of the 'holistic offers' provided by numerous charities such as Relate, Aggies, Naval Children's Charity, HOMESTART and more, to our RN & RM families. If you need support in your relationships, for children and young people, community or family support and some financial support, these charities may be able to help.



Army support

<https://www.army.mod.uk/support-and-training/health-performance-and-wellbeing/relationship-support/>



THE POPPY FACTORY



Free one-to-one jobs support in England & Wales

Find a new way forward after the Forces.

If you're part of the Armed Forces community, The Poppy Factory is ready to help you on your journey towards employment.

Our specialist Employment Consultants help hundreds of veterans with health conditions to change their lives each year, across England and Wales.

We help with:

- Career mapping
- Accessing training
- Overcoming barriers
- CV writing
- Job search
- Interview preparation
- In-work support

EMAIL: support@poppyfactory.org
CALL: 020 8939 1837
REGISTER ONLINE: poppyfactory.org/register

Registered Charity No. 225348



Royal Air Force Benevolent Fund



We're here to support you

Whether you've served for a day or decades, as a Regular or Reserve, we're here for you and your family.

- ✓ Wellbeing support including counselling
- ✓ Financial assistance
- ✓ Relationship, family and youth support
- ✓ Mobility and home adaptations
- ✓ Welfare breaks
- ✓ Friendship and connections

Visit rafbf.org/get-support
Call our helpline 0300 102 1919



Feedback

We would love to hear from you. If you can click the QR code to give feedback on events or activities you or your child may have attended.



Service family facebook page FB Link

<https://www.facebook.com/groups/servicefamily>

Gosport Community Hub

<https://www.facebook.com/GosportCommunityHub>

